

CHILD MODELS

*If the child is larger or smaller than average for his/her age, select the appropriate age group according to size as with child's clothes selection.

Child Arm Injury



For children with casts or dressings on the arm. The seal grips approximately 2cm (1") above the top of the cast. (see sizing quide)

Suitable for bath or shower.

Arm Circumference	Age	Code
16-22cm (6"-9")	4-5	FA45
22-25cm (8"- 10")	6-7	FA67
22-25cm (8"- 10")	8-10	FA810
25-34cm (10"- 14")	11-13	FA1113

Child Leg Injury

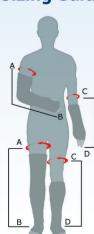


For children with casts or dressings on the leg. The seal grips the top of the leg above the cast or dressing. (see sizing guide)

Suitable for bath or shower.

Leg Circ	umference	Age	Code
25-34cm	(9"- 14")	3	FL3
25-34cm	(9"- 14")	4-5	FL45
35-39cm	(13"- 16")	6-7	FL67
39-54cm	(15"- 22")	8-10	FL810
39-54cm	(15"- 22")	11-13	FL1113

Sizing Guide



Arms

For Full Arms

Measure circumference of upper arm as indicated by the red arrow at point A and length from A to B.

For Half Arms

Measure circumference of arm above the elbow as indicated by the red arrow at point C and length from C to D.

Please note:

For full arm casts it is helpful to measure the circumference of the elbow if the cast is particularly

Legs

For Full Legs

Measure circumference of leg as indicated by the red arrow at point A and length from A to B.

For Half Legs

Measure circumference of leg above the knee as indicated by the red arrow at point C and length from C to D.

Please note:

If the cast is particularly large it will be helpful to measure the circumference at the widest point. For very slim legs we will need the patient's shoe size.



The LimbO® protector is a comfortable, easy-touse, reusable waterproof protector which can be completely submerged. It is a self-sealing, self supporting garment



which prevents the penetration of water to plaster casts and wound dressings on arms and legs during bathing. It is simple and comfortable to use and will last through the average user's duration of treatment. It provides a significant quality of life improvement for the user. It is a non-sterile product and is primarily intended for use in a bath or shower.

As the LimbO[®] is robust and waterproof it can be used in hydro pools provided some basic common sense precautions are taken. It enables the user to enjoy the benefits and healing properties of water whilst ensuring their wound, dressing or plaster remains dry.

LimbO[®] comes in a range of sizes for adults and children. It is currently used in over 700 UK hospitals and clinics and widely throughout Australia.



LimbO Cast Protectors. Manufactured in the UK. Imported into Australia exclusively by HealthSaver



Express Post shipping service available



Distributed by



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Waterproof Protection for casts, dressings & PICC lines











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Waterproof Protection for casts, dressings & PICC lines

KEEPS CASTS AND DRESSINGS DRY WHILE BATHING OR SHOWERING

LimbO® is designed to protect plaster casts and wound dressings from getting wet while bathing or showering. It can also be used, with care, in a pool and for hydrotherapy.

The LimbO® waterproof protector can be used for numerous applications such as wound care protection for leg ulcer dressings, PICC line covers, podiatry and of course for a broken arm or leg in a plaster cast!



LEG & FOOT MODELS

Adult Full Leg Injury



For adults with casts or dressings on the whole leg. The seal grips at the top of the leg. (*see sizing quide*)

Suitable for bath or shower.

Leg Circumference	User Height	Code
39-54cm (15"- 21")	153-163cm (5'-5'4")	M80E
39-54cm (15"- 21")	165-183cm (5'5"-6')	M80LL
52-65cm (20"- 26")	153-163cm (5'-5'4")	M100S
52-65cm (20"- 26")	165-183cm (5'5"-6')	M100
52-65cm (20"- 26")	184-196cm (6'-6'5")	M100L
	39-54cm (15"- 21") 39-54cm (15"- 21") 52-65cm (20"- 26") 52-65cm (20"- 26")	39-54cm (15" - 21") 153-163cm (5" - 5'4") 39-54cm (15" - 21") 165-183cm (5'5" - 6') 52-65cm (20" - 26") 153-163cm (5' - 5'4") 52-65cm (20" - 26") 165-183cm (5'5" - 6')

Adult Below Knee Injury



For adults with casts or dressings below the knee. Seal grips the leg above the knee. (see sizing guide)

Suitable for bath or shower.

Leg Circumference	User Height	Code
35-40cm (14"- 16")	157-164cm (5'2"-5'4")	M76S
35-40cm (14"- 16")	165-183cm (5'5"-6')	M76
39-54cm (15"- 21")	157-164cm (5'2"-5'4")	M80S
39-54cm (15"- 21")	165-183cm (5'5"-6')	M80
39-54cm (15"- 21")	above 183cm (6')	M80L
52-59cm (20"- 23")	157-164cm (5'2"-5'4")	M180S
52-59cm (20"- 23")	165-183cm (5'5"-6')	M180
52-59cm (20"- 23")	above 183cm (6')	M180L

Adult Foot Injury



For adults who require protection for dressings on the foot, below the ankle. For shower use only.

Limb Circumference	Code	NOT SUITABLE FOR
20-25cm	M20	PLASTER CASTS.
23-34cm	M25	



The **Outcast** foot protector is a weatherproof and breathable protector to keep casts or dressings clean and dry when outdoors.

Shoe Size	Code	Product pictured
Below size 6 UK	F500	with orthopaedic
6 - 10 UK	F510	sandal which is
Above 10 UK	F520	NOT included.

ARM MODELS

Adult Full Arm Injury



For adults with casts or dressings on full arm. The seal grips at the top of the arm. (see sizing guide)

Suitable for bath or shower.

1	Arm Circumference	Code
	25-29cm (10"- 12")	M60L
	30-40cm (12"- 16")	M70
	39-54cm (15"- 21")	M80 SPECIAL

Adult Below Elbow Injury



For adults with casts or dressings below the elbow. The seal grips above the elbow. (see sizing guide) Suitable for bath or shower.

Arm Circumference	Code
22-25cm (8.5"-10")	M50A
25-29cm (10"-12")	M60
30-40cm (12"- 16")	M67

Adult Elbow Injury



For adults who require elbow protection only. The seal grips above and below the elbow joint. Good for PICC lines also. (see sizing guide)
Suitable for bath or shower.

Upper Arm Circumference	Code
25-29cm (10"- 12")	M65
30-40cm (12"- 16")	M75

Adult Hand Injury



For adults with casts or dressings on the hand or fingers. The seal grips on the forearm, below the elbow. Suitable for bath or shower.

Forearm Circumference	Code
22-25cm (8.5"- 10")	MITT

N.B. With a thumb injury, because the thumb is usually set at an angle to the hand, the small seal of the MITT might have difficulty passing over the thumb. We recommend using the Adult Below Elbow Injury Protector due to its larger opening for this type of injury.

